

**GSTU1014****Alla Prima: A Painting A Day**  
**Instructor: Laura Spector****Materials List**

## Acrylic Paint:

Please use **Open Acrylics** so they stay workable throughout class. Golden and Liquitex both make "Open" versions of their paint. If you already have heavy-bodied paint, you may want to contact the manufacturer to ask what medium they would recommend to add to their paint to make it "open".

## Colors:

Alizarin Crimson (sometimes referred to as Alizarin Permanent)

Pyrrole Red or Cadmium Red

Primary Yellow (warm/mid-range yellow)

Cadmium Yellow Primrose (cool yellow)

Yellow Ochre or Yellow Oxide (earth color)

Ultramarine Blue (green shade)

Cerulean Blue

Burnt Umber

Raw Umber

Burnt Sienna

Titanium White

Zinc White

Additional options: Prussian Blue, Cadmium Orange, any version of Violet

Water Cup (Glass jar with coil on the bottom is also an option)

Spray bottle (the kind for spraying house plants)

Bag of WHITE rags (Southland Hardware - or any other hardware store has these) You can also cut up old t-shirts as long as they do not have a texture and are white.

Palette knives x 2 - (Please, no plastic. Make sure they have an angle in the neck and are not flat)

1 for mixing with a long round edge

1 for scraping with an angled edge

Paint Brushes - (Hogs Hair and synthetic)

Flat, filbert and round. Pre-set packages of various thicknesses (Michael's usually has good deals on brush sets), or hand select a variety of thickness from skinny/fine to 1" thick (from edge to edge of bristles). Purchase sizes and brands of your choice. **Please make sure to get a mixture of brushes.** Alla Prima works best with hogs hair brushes. Make sure to gently tug at the bristles before you buy them. If hairs fall out, it is a sign of a bad brush.

\*I order my brushes from Rosemary & Co brushes online. They're out of the UK and are a family- owned 3rd generation business. Their prices are very reasonable. I like their new "Ultimate" line of brushes for both acrylic and oil. If you place an order with them, make certain

to specify 2-day shipping. It costs about \$2.00 more, but arrives about 4 weeks faster than the other option.

8 pre-primed canvases (with staples on the back), or \*pre-primed canvas boards. (Michael's carries a set of 5 of these for around \$10.) **Sizes: Either 7" x 9" or 8" x 10"**

*\*If you choose to use canvas boards, you may need metal clamps to hold them on a drawing board or artists tape to tape them to the board*

Clamp Light and bulb (60 Watt Frosted) - Southland Hardware has these for \$9 or less. Please only get a clamp light with a bell! (Lowe's and Home Depot will also carry these lights)

Extension cord

Saran Wrap or any plastic wrap to cover leftover paint if you want to work at home after class

(Optional) Nitrile Gloves - (Any color) Acrylic paints contain heavy metals. I encourage painters to wear gloves, especially if you have a cut on your hand, bite your fingernails, have an auto-immune disorder, are pregnant or trying to get pregnant. Gloves will protect you and speed up your clean up process too! You can purchase nitrile gloves online or at a local pharmacy.

Glass palette - Instructions on how to assemble your palette will be sent prior to class

- Glass - 1/8", or 1/4" thick cut to 11" x 17", with sanded edges
- MEDIUM GREY foamcore cut to 11" x 17"
- Duct Tape (Gray, Black or White)

Painting Clothes, or apron

\*You may be asked to bring in objects from home to paint each week.