Local Education, Global Impact

Education’s power to change lives lies in its multiplicity. Learning is both a deeply personal pursuit and an experience that can have a profound impact on communities. Fostering community-centered lifelong learning is an intensely local endeavor and one that holds potential for global impact. At the Glasscock School, we engage with individuals and communities of learners, connecting people more deeply to themselves and to one another. In collaboration with Rice faculty, community experts and dozens of partner departments and organizations, we examine issues that matter to Houston and share insights with global relevance.

In our spring 2019 catalog, we invite you to:

+ Explore how Houston is serving as a civic laboratory in “Innovative Houston: Local Solutions to Global Challenges”
+ Celebrate creativity in “Creativity Up Close,” “The Evolution of the Symphony,” “The Life and Legacy of Vincent van Gogh” and in our studio art, photography and creative writing courses
+ Gain cultural and historical insights with such classes as “Understanding Spanish America,” “The Mongol Empire” and “Seeking India: A Cultural Journey”
+ Learn a new language or enhance your command of English, Arabic, French, Italian, Japanese, Mandarin Chinese, Portuguese, Russian or Spanish
+ Seek greater health and peace in courses including “Heart Health,” “Mindfulness for Health and Well-Being” and “Meditation for Life.”

We also offer a wide range of in-person, online and hybrid courses for aspiring, new and seasoned professionals such as our “Data Analytics Bootcamp,” “Leadership Institute for Nonprofit Executives” and “Critical Importance of Play” teacher workshops. Visit glasscock.rice.edu to learn more.

The diversity of thought and opportunity showcased in this catalog reflects the character of Houston itself. Join us as we harness the power of learning to shape your life, our city and the world.

Robert Bruce, Ph.D.
Dean, Susanne M. Glasscock School of Continuing Studies

Areas of Study

Community Programs

Social Sciences
+ Personal Finance
Humanties
+ Creative Writing
Midweek Medley
Science, Technology & Health
+ Mind-Body
Arts
+ Studio Art
+ Photography

Graduate Liberal Studies

Master of Liberal Studies
Diploma in Liberal Studies

Language Programs

Foreign Languages
English as a Second Language

Policies

Course schedules and titles subject to change.
Areas of Study
Explore hundreds of classes available year-round. From social sciences and photography to foreign languages, education, professional studies and so much more. Choose from short classes that are open to the public, a certificate program that enhances your résumé, or a graduate degree that propels your knowledge forward.

Community Learning & Engagement
Experience lifelong learning driven by your fascinations. Explore the arts, humanities, sciences, social sciences, creative writing, photography, studio art, mind-body practices and many other subjects in our short, non-credit courses.

Education
The Glasscock School of Continuing Studies offers many opportunities for those educating young learners as well as for students.

English as a Second Language
The English as a Second Language (ESL) Program at Rice University offers non-native speakers of English the opportunity to improve their language skills in small classes that use an integrated-skills approach.

Foreign Languages
The Rice University Foreign Language Program provides an opportunity for students to learn a new language in small group classes taught by experienced instructors. Classes in eight foreign languages are offered in four sessions each year.

Nonprofit & Philanthropy
Learn about the latest management, legal, financial, marketing and leadership best practices in the nonprofit sector through in-depth study of the current landscape of the nonprofit sector within the context of proven organizations.

Professional Studies
Courses and certificates available for business and education professionals. Whether you are looking for continuing education credits, a professional certification or an opportunity to enhance your skills, our courses will set you on a path to accomplish your professional goals.

Graduate Programs
The Glasscock School of Continuing Studies offers three for-credit graduate degrees: the Master of Arts in Teaching, the Master of Liberal Studies and the Diploma in Liberal Studies.

Learn more at glasscock.rice.edu.
Experience Rice University’s “unconventional wisdom” through short, non-credit courses for adults at the Glasscock School of Continuing Studies. Our day and evening courses are taught by Rice faculty and community experts. Whether you are fascinated by sciences, humanities, social sciences, arts, mind-body practices, creative writing, photography, studio art or other topics, join our welcoming community of ever-curious learners.

We invite you to browse our spring 2019 course offerings for the public.

Visit glasscock.rice.edu/community to learn more and register today.

### Social Sciences

#### Innovative Houston: Local Solutions to Global Challenges

Some of the most innovative solutions to the world’s challenges are now emerging from cities. With their diverse populations; confluence of creative people, organizations and ideas; economies that rival those of some countries; and a nimbleness that outstrips state and federal governments, Houston and other cities are well positioned to address local needs with globally relevant solutions. This course convenes Rice scholars and other community experts to explore how Houston is serving as a civic laboratory, piloting novel approaches to social, educational, health, economic, environmental and other challenges. We consider strategies to foster more equitable access to opportunity and how to promote quality of life for all residents. The class includes a social gathering to connect with fellow Houstonians and information on how to engage in community initiatives that are reshaping the present and future of our city and inspiring others around the globe.

#### COURSE DETAILS

**SCHEDULE**

Feb. 18–April 15, 2019 (no class March 11)
Eight Mondays, 7–8:30 p.m. (April 15 class, 7–9 p.m.)

**FEE**

$275 ($265 if registering by Feb. 4)
$248 for Rice alumni

**CEUs**

1.2

**FORMAT**

On campus

#### COURSE SCHEDULE:

**MONDAYS**

**Daytime**

- TUESDAYS
- THURSDAYS
- WEDNESDAYS

**TUESDAYS**

**Daytime**

- **Evening**

**THURSDAYS**

**Daytime**

- **Evening**

**WEDNESDAYS**

**Daytime**

- **Evening**

**FRIDAYS**

**Daytime**

- **FREE Lecture**

**FREE Lecture**

**Why Cities Matter: Cities as Laboratories**

Monday, Jan. 28, 7–8:30 p.m.

**Annise Parker**, former mayor, City of Houston; President/CEO, Victory Institute

Location: Anderson-Clarke Center, Rice University

Event followed by reception. Space is limited. Registration is required for this free lecture. Email cprcoord@rice.edu to register.
Archaeology of the Americas

Up to 20,000 years ago, the American continent was a blank slate. Teeming with animal and plant life, it was devoid of human presence. Arrival of the Paleo-Indians marked the last significant colonization effort on the planet. Anthropologist Dirk Van Tuerenhout, Ph.D., shares the story of these first settlers of the Americas, with the latest insights from excavations, genomics, laser mapping and living members of the American Indian community. This course features three civilizations: Cahokia and its massive pyramids, one of North America’s largest pre-Columbian cities; the astounding Mayan cities of present-day Mexico and Guatemala; and the extraordinarily short-lived Incan empire, the largest empire in the Americas. The course takes us from the earliest days of Paleo-Indian colonization to the encounters between Europeans and American Indians in the 1500s. A guided tour of the John P. McGovern Hall of the Americas at the Houston Museum of Natural Science is included in the class.

**Note:** Participants are responsible for arranging their own transportation for the course field trips.

**CO-SPONSOR:** Houston Museum of Natural Science

**COURSE DETAILS**

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<th>April 16–May 14, 2019</th>
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<tr>
<td>On campus (one lecture and one field trip at Houston Museum of Natural Science)</td>
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**INSTRUCTOR:** Dirk Van Tuerenhout, Ph.D., is curator of anthropology at the Houston Museum of Natural Science, where he specializes in human cultures, oversees the John P. McGovern Hall of the Americas and co-curates the Hall of Ancient Egypt. Dr. Van Tuerenhout organized the “Maya 2012” exhibit at the Houston Museum of Natural Science. He took part in excavations of late Roman ruins in his native Belgium and of Mayan ruins in Belize and Guatemala. Dr. Van Tuerenhout holds a master’s degree in ancient history and another in art history and archaeology from the Katholieke Universiteit Leuven, Belgium, as well as a master’s degree and a Ph.D. in anthropology from Tulane University.

Mindful Relationships

People spend almost half of their waking hours thinking about something other than what they are doing. If our own minds wander so frequently, how can we be present with others? Mindfulness is the practice of noticing and accepting the current moment without judgment. Tibetan meditation specialist Alejandro Chaoul, Ph.D., and psychologist Michael Winters, Ph.D., share Eastern and Western perspectives on mindfulness, offering strategies that may enhance presence and meaning in your relationships with romantic partners, children, friends, co-workers and others. Whether you seek to deepen an already strong bond or fortify a relationship facing challenges, learn to bring more mindfulness to your interactions. Individuals and couples are welcome in this supportive course with in-class exercises and optional weekly practices. No previous mindfulness experience is necessary.

**Note:** This course is offered for educational purposes only. Please consult with the professional of your choosing if you are seeking specific therapeutic or medical advice.

**CO-SPONSORS:** Department of Religion, Rice University; Ligmichna Texas Institute for the Tibetan Meditative and Healing Arts; Rice University Chao Center for Asian Studies

**COURSE DETAILS**

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**INSTRUCTORS:** Alejandro Chaoul, Ph.D., is the founding director of the Mind, Body, Spirit Institute at the Jung Center and an assistant professor and director of education in the integrative medicine program at The University of Texas MD Anderson Cancer Center, where he conducts research on the use of Tibetan mind–body techniques. Dr. Chaoul is also adjunct faculty at the McGovern Center for Humanities and Ethics at The University of Texas McGovern Medical School in Houston. He holds a Ph.D. from Rice University focusing on Tibetan spiritual traditions and has trained with Tibetan lamas for nearly 30 years.

Michael Winters, Ph.D., is a psychologist in private practice in Houston, former director of the Rice University Counseling Center and a frequent presenter at the Glasscock School of Continuing Studies. He is a diplomate in logotherapy—a meaning–centered psychotherapy—and has taught at Rice University, Purdue University, the University of Houston and other higher-education institutions.

Personal Finance

Stock Market and Investment Fundamentals

Designed for novice investors who want to understand how to structure investment portfolios and longtime investors who want to sharpen their skills, this course helps you learn to manage investment portfolio risks and globally diversify your portfolio using U.S. stocks and bonds, foreign stocks and bonds, commodities, gold and real estate. Certified financial planner and registered investment advisor William Frisco examines how the following issues affect your income and growth portfolios: the threats to your bond investments if the Federal Reserve continues to raise interest rates; the turmoil in Europe and the emerging markets; the significant political uncertainties; and the potential for a slowdown in global trade as a result of new trade barriers. Topics also include new tax legislation and tax proposals, the impact of these changes on your investment portfolios and important year-end tax strategies. This course can benefit you whether you oversee your own investing or work with an advisor.

**Note:** Rice University does not offer financial or investment advice. The intent of our financial planning and investment courses is to provide a general educational overview of the topics described. Therefore, to determine the applicability of the course content to your personal finances and investments, and for specific advice pertaining to your personal financial situation, you should consult a financial advisor of your choosing.

**COURSE DETAILS**

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**TOPICS INCLUDE:**

- Index funds—How to analyze, compare to mutual funds and include in your investment portfolio: S&P 500, S&P mid-cap 400, S&P small-cap 600, and many others
- Investment portfolios for retirement and pre-retirement investors: methods to reduce risk and volatility
- Diversification to enhance your income portfolio
- Outlook for U.S. and foreign markets and the impact of new tax laws
- Asset allocation to preserve capital for balanced and growth investors: determining what is best for you

**INSTRUCTOR:** William E. Frisco, CPA, CFP®, MBA, is a portfolio management director and senior vice president wealth advisor at Morgan Stanley. He has more than 20 years of experience managing growth and retirement portfolios for individuals, trusts and corporations. He is also a member of both the American Institute of Certified Public Accountants and the Financial Planning Association and was included in the Financial Times’ “Top 400 Financial Advisers” in 2014. In 2009, Mr. Frisco was ranked as one of the top investment advisors in the country by Barron’s and was honored in Texas Monthly magazine as a “Five Star Best in Client Satisfaction” wealth manager from 2012 to 2018. He holds a bachelor’s degree in economics from Duke University and a master’s degree from Tulane University.
Retirement, Investing, Income Tax and Estate Planning

Retiring in the next 10 years will vastly different than it has been in the past. Individuals in search of financial freedom and security are living longer and seeking sustainable, growing income streams in an uncertain investment climate. Income and estate tax changes are inevitable and will affect the way we invest and how we transfer wealth across generations, as well as reliance upon Family Limited Partnerships, Limited Liability Companies and, potentially, trusts to protect assets and mitigate taxes. Financial advisors Deborah Stavis and Eddie Cohen and estate probate law specialist Wendy Farner address retirement, investing, income taxes and estate planning, and review several online retirement and investment tools.

Note: Rice University does not offer financial or investment advice. The intent of our financial planning and investment courses is to provide a general educational overview of the topics described. Therefore, to determine the applicability of the course content to your personal finances and investments, and for specific advice pertaining to your personal financial situation, you should consult a financial advisor of your choosing.

INSTRUCTORS: Eddie Cohen, CFP®, the founder/chief investment officer of Stavis & Cohen Financial, has been an investment management professional for more than 25 years. He specializes in investment management and strategies designed to reduce downside risk, and is a frequent contributor to publications such as Forbes magazine, Houston Business Journal and InvestmentNews.

Deborah Stavis, CFP®, the founder/chief executive officer of Stavis & Cohen Financial, has more than 25 years of experience as a financial advisor. She focuses on retirement, investment and estate planning for executives of Fortune 500 companies and successful business owners. She has been published in the Houston Business Journal, The Wall Street Journal and Financial Times Financial Advisor IQ.

Humanities

Understanding Spanish America

From Cortés to the Cold War to contemporary political, religious and social movements, renowned cultural historian Nicolas Shumway, Ph.D., provides a sweeping overview of the history, politics and culture of Spanish America. This course shares six keys to cultivate an understanding of Spanish-speaking North and South American countries, including the annihilation of the Caribbean indigenous, the conquest of Mexico, the role of the church in Spain’s imperial project, relationships between the United States and Spanish America, the influence of religion in contemporary Spanish America, and the progress and challenges of recent decades. Case studies of key figures illuminate each period including a Spanish knight, a conquistador, political and military leaders, and a Mexican nun and poet—ordinary and extraordinary people who shaped Spanish America as we know it today.

CO-SPONSOR: Department of Spanish, Portuguese and Latin American Studies, Rice University

INSTRUCTOR: Nicolas Shumway, Ph.D., is the Frances Moody Newman Chair and Professor of Spanish, Portuguese and Latin American Studies at Rice University, where he served as dean of humanities from 2010 to 2018. Previously, he taught at Yale University, chairing the Latin American Studies program for three years and directing the Spanish language program for eight years. Dr. Shumway also served as director of The University of Texas at Austin (UT) Teresa Lozano Long Institute of Latin American Studies for 11 years and of the UT Department of Spanish and Portuguese for three years. Shumway has published and lectured widely on Latin American literature and intellectual history throughout the Americas and in Europe. His book “The Invention of Argentina” has been in print since 1991 and was chosen as “a notable book of the year” by The New York Times. Dr. Shumway holds a doctoral degree in romance languages from the University of California, Los Angeles.
A History of Tudor England

At the end of the long and brutal Wars of the Roses, a new royal dynasty emerged in England to great acclaim, relief and uncertainty. Henry Tudor, who was titled Henry VII, began a successful family dynasty that would last more than a century, a period marked by optimism and prosperity. Historian Newell Boyd, Ph.D., sheds light on the lives and legacies of the five Tudor monarchs who reigned from 1485 to 1603, with varying abilities. In spite of the coldness, aloofness and secretiveness of their personalities, they—mostly—maintained the allegiance of the English people. Compared to the Stuarts who followed, the Tudors were a delightful family whose achievements were impressive among the panoply of English rulers.

COURSE DETAILS

| SCHEDULE                  | March 21–May 9, 2019  
|                          | Eight Thursdays, 2–3:30 p.m. |
| FEE                      | $260 ($250 if registering by March 7)  
|                          | $234 for Rice alumni |
| CEUs                     | 1.2 |
| FORMAT                   | On campus |

TOPICS INCLUDE:
+ The intellectual climate including the influence of religion  
+ Edward VI, a childhood king  
+ The arrival of a new dynasty  
+ Mary and religious excess  
+ Henry VII, the spider king  
+ Elizabeth, “Fair Bess” of good reputation  
+ Henry VIII, bonhomie and suspicion  
+ The succession crisis

INSTRUCTOR: Newell Boyd, Ph.D., is a semi–retired professor of history whose primary teaching field is Victorian Britain and the British Empire. He is also an instructor in the Master of Liberal Studies program at Rice University and has been published in a variety of books and scholarly journals in the field of British history. He has published two historical novels on the lives of Joseph Chamberlain and John Ruskin. Dr. Boyd holds a doctorate in history from Texas Tech University and has done postdoctoral research at the University of London, University of Birmingham, the London School of Economics, Oxford University, the University of Manchester and the University of Edinburgh. He has been a fellow at the Institute of Historical Research at the University of London and is a member of England’s Society of Authors and the Royal Historical Society.

Seeking India: A Cultural Journey

Celebrate the rich heritage of India with Dr. Sravana Borkatakay–Varma, who shares scholarly and personal insights on one of the oldest living civilizations and the second most populous nation in the world. India has a long tradition of attracting seekers of spiritual, cultural and personal inspiration. Whether you are a current or aspiring world traveler or an armchair explorer, this course invites you to experience the vibrant, complex culture, history, religion, landscape and people of India.

CO–SPONSORS: Department of Religion, Rice University; Rice University Chao Center for Asian Studies

COURSE DETAILS

| DAYTIME SCHEDULE | April 3–May 8, 2019  
|                  | Six Wednesdays, 10–11:30 a.m. |
| EVENING SCHEDULE | April 3–May 8, 2019  
|                  | Six Wednesdays, 7–8:30 p.m. |
| FEE              | $210 ($200 if registering by March 20)  
|                  | $189 for Rice alumni |
| CEUs             | 0.9 |
| FORMAT           | On campus |

World War II: The German–Russian War

Military historian John Bradley reflects on the causes, major actions and legacies of the 1941–45 German-Russian war, one of the four wars of World War II. Among the fiercest and bloodiest conflicts in history, many of the estimated 30 million of the 70 million people who died in World War II perished on the Eastern Front, including numerous civilians. Adolf Hitler invaded the Soviet Union in the summer of 1941, believing Russians to be inferior and ill prepared for battle. Soviet counteroffensives began in the winter of 1942 and raged across a huge battlefield from Leningrad to the Caucasus. Moving west in 1944 and 1945 into the Balkans, Poland, eastern Germany and Berlin, the Red Army destroyed the Wehrmacht. Soviet operations in the east eventually facilitated the Western Allies landing at Normandy in 1944 and opened a third front against Germany, leading to Germany’s unconditional surrender in 1945.

COURSE DETAILS

| SCHEDULE                  | Feb. 12–April 9, 2019 (no class March 12)  
|                          | Eight Tuesdays, 7–9 p.m. |
| FEE                      | $260 ($250 if registering by Jan. 29)  
|                          | $234 for Rice alumni |
| CEUs                     | 1.6 |
| FORMAT                   | On campus |

TOPICS INCLUDE:
+ Russia and Germany between the wars  
+ The Battle of Stalingrad  
+ Barbarossa: The invasion of Russia  
+ The Soviet offensives of 1943 and 1944  
+ The German offensive in 1942  
+ The final campaigns

INSTRUCTOR: John Bradley, M.A., a civilian prisoner of war of the Japanese, veteran of the Vietnam War, graduate of West Point and retired U.S. Army officer, has taught courses in U.S. history, military history, World War II and the Vietnam War at the University of Houston–Downtown and, since 2009, at the Glasscock School of Continuing Studies. He is principal author of “The Second World War: Asia and the Pacific” and its accompanying atlas. He also published the story of an American cavalry officer who perished in captivity: “Remind Me to Tell You: A History of Major Harry J. Fleeger and His Friends, POWs of the Japanese.” Mr. Bradley holds a master’s degree in history from Rice University and has taught military history at West Point. He is a graduate of the U.S. Army Command and General Staff College at Fort Leavenworth, Kansas.
The Mongol Empire

At the beginning of the 13th century, the Turco-Mongol tribes of the Central Asian steppe were united under the leadership of Chingis Khan (Genghis Khan). The Mongol armies would go on to conquer China, Eastern Europe and the Middle East, creating the largest contiguous land empire in history. This class examines the conditions and culture of Central Asian steppe life including tribal traditions of rule, family relations, innovative technologies and military tactics in an effort to understand the outstanding military and political success of the steppe people. The Mongol invasions are acknowledged to have been devastating and destructive, but their imperial structures also had a profound influence on scientific and artistic creativity, and encouraged cultural and commodity exchange across most of the known world.

Note: This course is offered in conjunction with the Association of Rice Alumni ‘Traveling Owls’ July 2019 trip, “The Majesty of Mongolia: A Colorful Journey Through Deserts, Mountains and Festivals,” guided by the instructor. Tour participation is not required to register for this class.

CO-SPONSORS: Department of History, Rice University; Office of Alumni Relations

COURSE DETAILS

| SCHEDULE             | Feb. 13–March 6, 2019  
|                      | Four Wednesdays, 7–8:30 p.m. |
| FEE                  | $160 ($150 if registering by Jan. 30) |
| CEUs                 | 0.6 |
| FORMAT               | On campus |

TOPICS INCLUDE:

+ Pastoral nomadism and the Central Asian landscape, early nomadic empire and power, the rise of Terniqin and the unification of the tribes
+ Daily life on the steppes, Mongol religious beliefs and traditions
+ Mongol conquests and military tactics, the death of Chingis and issues of succession and family, women and power
+ The Mongol empire in China and Iran, the Mongol royal court and the arts, collapse of power, the legacy of Mongol empire

INSTRUCTOR: Lisa Balabanlilar, Ph.D., is an associate professor of history at Rice University.

Creative Writing

Introduction to Creative Writing

Do you want to write, but are not sure where to begin? If you have a hunch that developing a writing craft could deeply enrich your life, you are right. This course for new writers explores the basic genres of creative writing, including literary fiction, young adult fiction, science fiction, poetry and memoir with masterful examples of each genre. Try your hand at writing exercises designed to teach foundational skills and strengthen your imagination. We also discuss central aspects of the writing life, such as how to maintain a personal writing practice, stay inspired, form support networks with other writers and publish completed manuscripts.

CO-SPONSOR: Writespace

COURSE DETAILS

| SCHEDULE             | Feb. 21–April 4, 2019 (no class March 14)  
|                      | Six Thursdays, 7–9 p.m. |
| FEE                  | $310 |
| CEUs                 | 1.2 |
| FORMAT               | On campus, limited enrollment |

INSTRUCTOR: Elizabeth White-Olsen, M.F.A., is the founding director of Writespace. She holds two master’s degrees in fine arts: one in writing for children and young adults from Vermont College of Fine Arts and one in poetry from Texas State University. She has taught writing at Texas State and at Inprint in Houston. Ms. White-Olsen has published a collection of poetry, “Given Words,” as well as poems and articles in print and online journals.

Memoir Writing

Your life is filled with events—from the common to the spectacular—that make up your own unique story. To record the memories of these events, along with your thoughts, feelings and insights about them, is to weave a tapestry imbued with the colors and texture of your personal history. Whether you wish to write as a gift to yourself or as a legacy to future generations, novelist Nancy Geyer assists you in creating a memoir that is uniquely yours. Writing exercises are a vital part of this classroom experience.

COURSE DETAILS

| SCHEDULE             | Feb. 18–April 1, 2019  
|                      | Seven Mondays, 1–3 p.m. |
| FEE                  | $340 |
| CEUs                 | 1.4 |
| FORMAT               | On campus, limited enrollment |

INSTRUCTOR: Nancy Geyer, M.S., M.A., is a teacher, playwright and novelist who has published two novels, “Flying South” and “Frailties.” Seven of her plays have received national recognition. She has taught English at the University of Houston and has also worked as a public relations representative for a major corporation. Ms. Geyer holds a master’s degree in education and a master’s degree in English from the State University of New York.
**Midweek Medley**

**ALL-NEW LECTURES**

Covering a wide range of topics, this six-week lecture series examines a different subject at every session. Outstanding Rice University faculty and other experts from the arts, humanities and sciences share insights on topics ranging from the Dalai Lama to living and working in space. This series offers a unique opportunity to sample the diverse course content and instructors featured at the Glasscock School of Continuing Studies.

**COURSE DETAILS**

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**FORMAT**

On campus

**COURSE SCHEDULE:**


March 27. “Living and Working in Space.” Patricia Reiff, Ph.D., professor of physics and astronomy, Rice University, and associate director, Rice Space Institute

April 3. “Mozart’s Requiem: The Unfinished Masterpiece.” Carlos Andrés Botero, musical ambassador, Houston Symphony

April 10. “The Dalai Lama: Reincarnation and Buddhism.” Sravana Borkatky-Varma, Ph.D., visiting professor at University of Montana and part-time faculty member, department of philosophy and religion at University of North Carolina Wilmington

April 17. “Arabian Nights: An Armchair Adventure.” Paula Sanders, Ph.D., professor of history and director, Boniuk Institute, Rice University

April 24. “Houston’s Story: From the Allen Brothers to Today.” Jim Parsons, programs director, Preservation Houston

A short reception immediately follows the last class on April 24.

**Science, Technology & Health**

**Heart Health: Prevention, Treatments and Innovations**

Heart disease is the leading cause of death in the United States for both men and women. It is also one of the most preventable and treatable health conditions. With appropriate lifestyle changes, optimal medical treatments and targeted therapeutic interventions, the prospect for a long and high-quality life with heart disease is excellent. Interventional cardiologist Hani Jneid, M.D., who has chaired national task forces on heart disease treatment guidelines, serves as this course’s guide. Dr. Jneid will share the latest clinical and research insights and innovations aiming to promote heart health and prevent the onset and recurrence of heart disease.

*Note: The intent of this course is to offer a general educational overview about the topics described. It is not intended to provide diagnoses, medical advice or treatment recommendations. If you are seeking specific medical guidance, please consult with your healthcare provider.*

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<tbody>
<tr>
<td>CEUs</td>
<td>0.8</td>
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**FORMAT**

On campus

**TOPICS INCLUDE:**

+ Overview of heart health and disease
+ Treating and preventing recurrence of heart disease
+ Lifestyle interventions and primary prevention
+ The future of heart health: Innovations in medical therapies and interventions

**INSTRUCTOR:** Hani Jneid, M.D., is an associate professor of medicine at Baylor College of Medicine, the director of interventional cardiology research at Baylor College of Medicine and the director of interventional cardiology at the Michael E. DeBakey VA Medical Center. He is a nationally recognized expert in the fields of heart attack and interventional cardiology. Dr. Jneid performs more than 500 cardiac procedures annually and is the author of more than 180 peer-reviewed publications, editorials and textbook chapters. He has also served as the chair and member of several national committees and task forces developing guideline documents and position statements for heart disease.
The Future of Human Evolution
What is the future of human evolution? Scott Solomon, Ph.D., biologist and writer, reviews our evolutionary past, examining the ways in which we are continuing to evolve and considering our future as a species. This course draws on research from fields as diverse as genetics, demography, psychology, microbiology and medicine. We explore questions such as how existing technology and modern medicine affect natural selection and consider how future developments—such as germline gene editing and space colonization—may affect the ultimate fate of Homo sapiens.

**INSTRUCTOR:** Scott E. Solomon, Ph.D.

**COURSE DETAILS**

<table>
<thead>
<tr>
<th>SCHEDULE</th>
<th>March 18–April 22, 2019</th>
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<tbody>
<tr>
<td></td>
<td>Six Mondays, 11 a.m.–12:30 p.m.</td>
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<tr>
<td>FEE</td>
<td>$210 ($200 if registering by March 4)</td>
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<tr>
<td></td>
<td>$189 for Rice alumni</td>
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<tr>
<td>CEUs</td>
<td>0.9</td>
</tr>
<tr>
<td>FORMAT</td>
<td>On campus</td>
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</table>

**TOPICS INCLUDE:**
+ Evolution 101: How does evolution work, and what do we know about the history of human evolution?
+ Recent human evolution: What has genome data revealed about the ways in which we are still evolving?
+ Modernization and our ongoing evolution: How is economic development changing the way we evolve?
+ The future of the human microbiome: How have the microorganisms that live in and on our bodies influenced our evolutionary future and our ongoing evolution?
+ Sex and the future: How will birth control, assisted reproductive technology and the ways in which we choose our sexual partners influence our future evolution?
+ Our ultimate fate: What are the long-term prospects for our species? Will we become extinct, or might our descendants evolve into a new human species?

**FREE Lecture and Workshop**

Celebrate the Glasscock School’s newest neighbor, the Betty and Jacob Friedman Holistic Garden, with two free community events.

**The Holistic Garden**

**LECTURE**

Friday, Feb. 22, 10–11:30 a.m.

Dr. Joseph Novak explores the many ways in which gardening and contact with nature can enhance wellness, well-being, community vitality and personal creativity.

Location: Anderson-Clarke Center, Rice University

**Growing and Using Fresh Herbs**

**WORKSHOP**

Friday, Feb. 22, 12–1 p.m.

Dr. Novak leads a hands-on workshop on potting, growing and using fresh herbs. Limited to 25 participants.

Location: Rice University Betty and Jacob Friedman Holistic Garden

**CO-SPONSORS:** The Betty and Jacob Friedman Holistic Garden; Biosciences at Rice

**INSTRUCTOR:** Joseph Novak, Ph.D., director, Rice University Betty and Jacob Friedman Holistic Garden

Space is limited. Registration is required for both events. Email cpcoord@rice.edu to register.

Gardening for Birds, Butterflies and Other Pollinators
As birds, butterflies and bees become increasingly imperiled, more homeowners are creating gardens to nurture and sustain pollinators. These dynamic gardens not only support wildlife but also provide an attractive and healthy environment for people. Master gardener and naturalist Glenn Olsen explains which wildflowers, flowering shrubs, fruit trees and even vegetables offer food and shelter for pollinators. Learn to create an outdoor oasis for yourself and for pollinating creatures. The class includes a field trip to the Rice University Betty and Jacob Friedman Holistic Garden, the Urban Pocket Prairie and the Lynn Lowery Arboretum.

**CO-SPONSORS:** Biosciences at Rice; The Garden Club of Houston; Houston Audubon Society; Native Plant Society of Texas, Houston Chapter; Texas Master Naturalists, Gulf Coast Chapter

**COURSE DETAILS**

<table>
<thead>
<tr>
<th>SCHEDULE</th>
<th>March 21–May 2, 2019 (no class April 11)</th>
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<tr>
<td></td>
<td>Six Thursdays, 1:30–3 p.m. (includes field trip on May 2, 1:30–4:30 p.m.)</td>
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<tr>
<td>FEE</td>
<td>$230 ($220 if registering by March 7)</td>
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<td></td>
<td>$207 for Rice alumni</td>
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<td>CEUs</td>
<td>1.05</td>
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<td>FORMAT</td>
<td>On campus</td>
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**INSTRUCTOR:** Glenn Olsen is the former vice president of education for the Houston Audubon Society and past president of the Native Plant Society of Texas. He has taught for the Garden Club of Houston, the Katy Prairie Conservancy, the Master Naturalist Program and other gardening and nature organizations. Mr. Olsen has completed the Master Gardener Program and the Master Naturalist Program. Mr. Olsen grew up on a small, organic family farm.

**THE GLASSCOCK SCHOOL**

Glasscock School of Continuing Studies
Rice University
1.05 Commons East, MS 127
Houston, Texas 77251-1892
713-348-4803

glasscock.rice.edu

**THE BETTY AND JACOB FRIEDMAN HOLISTIC GARDEN**

Rice University
Betty and Jacob Friedman Holistic Garden
12300 SWF Bldg
Houston, Texas 77251-1892
713-348-4803

holistic.glasscock.rice.edu
Mind-Body

Mindfulness for Health and Well-Being

Mindfulness is the act of paying attention to your experience with an accepting and friendly attitude. The practice of mindfulness is an effective means of enhancing and maintaining optimal health and overall well-being, and can be implemented in every aspect of daily living. In this course, we explore how the tools of mindfulness can support meaningful and lasting lifestyle changes. You will be encouraged to focus on a personal wellness goal, whether tackling a health concern, improving your fitness, changing your relationship with food, alleviating stress and anxiety, minimizing chronic pain, improving your self-care and healthy habits or exploring purpose and meaning in life. Each class will include experiential exercises, some instruction and group coaching focused on behavioral change. No previous mindfulness experience is necessary for participation in this welcoming course. Course meetings are staggered to allow time to practice new habits.

Note: This course is offered for educational purposes only. Please consult with the professional of your choosing if you are seeking specific therapeutic or medical advice.

COURSE DETAILS

SCHEDULE
March 22, April 5, April 12, April 26 and May 3, 2019
Five Fridays, 3–5 p.m.

FEE
$275
$248 for Rice alumni

CEUs
1.0

FORMAT
On campus, limited enrollment

INSTRUCTOR: Elizabeth Slator, Ph.D., is associate director of Rice University’s Barbara and David Gibbs Recreation and Wellness Center, where she creates wellness programs, teaches classes on performance psychology and leadership development, and serves as the sport psychology consultant for the Rice University Department of Athletics. She is also a part-time faculty member of the psychology department at the University of St. Thomas. Dr. Slator holds a master’s degree in education from Auburn University in health and human performance and a doctorate in kinesiology, recreation and sport studies from the University of Tennessee. She is a certified personal trainer, health and wellness coach and qualified mindfulness–based stress reduction teacher.

Meditation for Life

Finding peace amid the “full catastrophe” of life’s hardships and joys is the challenge of a lifetime. Drawing on age-old meditative approaches, this course provides an antidote to the frenetic pace and limitless distractions of our digital era. Learn to harness your breath, concentration, visualization and awareness of life flowing around you to promote presence, calm and compassion. Guided by Tibetan meditation expert Alejandro Chaoul, Ph.D., explore how meditation can enhance your life and experience techniques that can form the foundation of a lifelong meditative practice.

Note: This course is offered for educational purposes only. Please consult with the professional of your choosing if you are seeking specific therapeutic or medical advice. Participants should wear loose, comfortable clothing and bring a cushion if choosing to sit on the floor.

CO-SPONSORS: Department of Religion, Rice University; Ligmincha Texas Institute for the Tibetan Meditative and Healing Arts; Rice University Chao Center for Asian Studies

COURSE DETAILS

SCHEDULE
March 22–April 5, 2019
Three Fridays, 10 a.m.–noon

FEE
$165
$149 for Rice alumni

CEUs
0.6

FORMAT
On campus, limited enrollment

INSTRUCTOR: Alejandro Chaoul, Ph.D. See Mindful Relationships on page 6–7 and below.

FREE Workshop

An Introduction to Tibetan Meditation

Friday, March 1, 1:30–3:30 p.m.

Explore the fundamentals of Tibetan meditation in this free workshop with tools to help you build a meditation practice. No experience necessary.

Location: Anderson-Clarke Center, Rice University

CO-SPONSORS: Department of Religion, Rice University; Ligmincha Texas Institute for the Tibetan Meditative and Healing Arts; Rice University Chao Center for Asian Studies

INSTRUCTOR: Alejandro Chaoul, Ph.D., founding director of the Mind, Body, Spirit Institute at the Jung Center and assistant professor and director of education in the integrative medicine program at The University of Texas MD Anderson Cancer Center.

Space is limited. Registration is required. Email cpcoord@rice.edu to register.
The Life and Legacy of Vincent van Gogh

Vincent van Gogh is one of the most beloved artists in history. Celebrate his work and life in conjunction with the Museum of Fine Arts, Houston’s spectacular exhibition, “Vincent van Gogh: His Life in Art.” Van Gogh’s paintings are among the most recognizable works of art ever created, full of intense colors and expressive lines that seem to convey powerful emotions directly and unflinchingly. There is much myth and misconception surrounding van Gogh and the relation of his art to his brief, often troubled, life. This course reconsiders this connection, examining van Gogh’s life and exploring his relationships with and influence on artists in his own time and beyond. The course includes a guided tour of “Vincent van Gogh: His Life in Art” at the Museum of Fine Arts, Houston, led by Helga Kessler Aurisch.

OPTIONAL ADD-ON TOUR: Join chairman of conservation, David Bomford, Ph.D., for a special behind-the-scenes visit to the MFAH’s new Conservation Center on April 30. This tour is open to participants registered for The Life and Legacy of Vincent van Gogh course for an additional fee. Space is limited and registration is required. Email cpcoord@rice.edu for more information and to register.

Note: Participants are responsible for arranging their own transportation for the course field trips.

CO-SPONSORS: Department of Art History, Rice University; Museum of Fine Arts, Houston

COURSE DETAILS

| SCHEDULE | March 19–April 23, 2019 (no class April 16)  
Five Tuesdays, 11 a.m.–12:30 p.m. (includes guided tour of Vincent van Gogh exhibition on April 23) |
| FEE | $210 ($200 if registering by March 5)  
$189 for Rice alumni |
| CEUs | 0.7 |
| FORMAT | On campus |

INSTRUCTORS: Leo Costello, Ph.D., is an associate professor of art history at Rice University who specializes in 18th–through 20th-century European art as well as Marxist theory and aesthetics. Dr. Costello was formerly curatorial assistant in the department of prints and drawings at the Museum of Fine Arts, Houston. Dr. Costello received his Ph.D. from Bryn Mawr College, and he serves as the lead instructor for this course.

Helga Kessler Aurisch, Ph.D., is the curator of European art at the Museum of Fine Arts, Houston. She has organized numerous exhibitions including “The Masterpieces of French Painting” from the Metropolitan Museum of Art and “Impressionist and Post-Impressionist Masterpieces” from the National Gallery, Washington. Dr. Aurisch will be leading the tour of “Vincent van Gogh: His Life in Art” at the Museum of Fine Arts, Houston.

David Bomford, Ph.D., is the chairman of conservation and the Audrey Jones Beck Curator of European Art at the Museum of Fine Arts, Houston. He has formerly served as a senior restorer at the National Gallery, London, and as the associate director for collections at the J. Paul Getty Museum, Los Angeles. Dr. Bomford will be leading the optional tour of the Conservation Center at the Museum of Fine Arts, Houston.
The Best of Movie Musicals  DAY AND EVENING
Take a behind-the-scenes look at some of the most famous musicals that made the leap from stage to screen and screen to stage. Former actress Debra Dickinson spotlights more than a dozen movie musicals that consistently top critics’ lists and feature "more stars than there are in heaven." Celebrate the romance of dance with beloved duos like Fred Astaire and Ginger Rogers in "Swing Time," biographical showbiz movie musicals such as "Funny Girl" and "All That Jazz," and timeless, ageless favorites like "The Wizard of Oz." Enjoy an insider’s view of how casting decisions are made and how stars and studios affect the success or failure of productions. This tour of musical movie transformations will keep you on the edge of your seat. You may even find yourself "Singin’ in the Rain."

COURSE DETAILS

| DAYTIME SCHEDULE | Feb. 26–April 9, 2019 (no class March 12)  
|                  | Six Tuesdays, 10–11:30 a.m. |
| EVENING SCHEDULE | Feb. 27–April 10, 2019 (no class March 13)  
|                  | Six Wednesdays, 7–8:30 p.m. |
| FEE              | $210 ($200 if registering by Feb. 12 for daytime;  
|                  | $200 if registering by Feb. 13 for evening)  
|                  | $189 for Rice alumni |
| CEUs             | 0.9 |
| FORMAT           | On campus |

TOPICS INCLUDE:
+ "Top Hat," "Swing Time," "Easter Parade"
+ "An American in Paris," "Gigi," "The Umbrellas of Cherbourg"
+ "Funny Girl," "Gypsy," "All That Jazz"
+ "The Wizard of Oz," "Mary Poppins"
+ "The Producers," "Little Shop of Horrors," "Sweet Charity"
+ "Singin’ in the Rain," "The Band Wagon," and more

INSTRUCTOR: Debra Dickinson, M.A., is an artist–teacher of opera studies at Rice University’s Shepherd School of Music. A professional actress in New York for 17 years, her varied credits include the role of Guenevere opposite both Richard Burton and Richard Harris in “Camelot,” and Jellylorum in the German language production of “Cats” in Vienna, Austria. She has taught master classes for Houston Grand Opera and Houston Ebony Opera, served as the acting instructor for Glimmerglass Opera, Brevard Opera and Chautauqua Opera and was the recipient of the Shelter Chair in Music Theatre at Florida State University. She has been on the faculty of Rice for more than 20 years. Ms. Dickinson holds a bachelor’s degree from Northwestern University and a graduate degree from Hunter College in New York City.

The Evolution of the Symphony: From Beethoven to Shostakovich
Beethoven—who composed “the most famous four notes in history”—was perhaps the most influential and innovative of all symphonic composers. He transformed the symphony from an everyday art form to a sublime experience that entranced audiences. Subsequent composers faced the dilemma of subscribing to Beethoven’s brilliant heritage or forging new musical paths. Houston Symphony musical ambassador Carlos Andrés Botero explores the evolution of the symphony throughout the 19th and early 20th century, highlighting boundary-breaking composers who successfully navigated these dual forces, including Berlioz, Bruckner, Debussy, Tchaikovsky, Rachmaninoff and Shostakovich. The course also considers the implications of this evolution for the future of the symphony as a genre. Complementing the Houston Symphony’s spring performances by these composers, the class welcomes both classical music aficionados and those seeking a deeper appreciation of symphonic works. Note: Participants receive a special discount on tickets for select spring performances by the Houston Symphony.

CO-Sponsor: Houston Symphony

INSTRUCTOR: Carlos Andrés Botero is an orchestra conductor, music education lecturer and consultant with first-level orchestras in the Americas, including the Colombian Youth Philharmonic. He is the musical ambassador and formerly served as assistant conductor for the Houston Symphony. Mr. Botero has taught with the Glasscock School of Continuing Studies since 2016.

Cooking With Chef Roger: Delicious Family Meals  ALL-NEW MENUS
The "Cooking With Chef Roger" series returns with a hands-on class featuring delicious family meals. In our fast-paced world, there is a temptation to eat out regularly. Yet cooking for others—or even for yourself—can be an outstanding way to savor the joy of making, eating and sharing great food. This class teaches you to be in control of meal preparation while enjoying the company of your friends and family. Award-winning Rice University chef Roger Elkhouri, CEC, ACE, shares a range of step-by-step culinary techniques and offers tips on organizing, shopping, cooking and entertaining. Savor an array of comfort food with a twist from beef tenderloin rolls with cremini mushroom sauce to crépes with crème pâtissière and berries, and gain the confidence to prepare delicious family meals. Note: Participants must provide a signed release of liability to the Glasscock School of Continuing Studies to complete registration for this course.

COURSE DETAILS

| SCHEDULE | Feb. 16–April 13, 2019 (no class March 9)  
|          | Eight Saturdays, 2–4 p.m. |
| FEE      | $425  
|          | $383 for Rice alumni |
| CEUs     | 1.6 |
| FORMAT   | On campus, limited enrollment |

MENUS INCLUDE:
+ Red quinoa with kale salad, red snapper tacos
+ Flat bread with shrimp and ham, citrus-glazed pork chops
+ Honey stung chicken, homemade soft dinner rolls
+ Spinach pies with pine nuts, salmon miso bowl
+ Sweet-and-sour meatballs, crépes with crème pâtissière and berries
+ Tender pork belly with pickled vegetables, tortilla-crusted tilapia with poblano cream sauce
+ Chicken marsala, glazed donuts
+ Beef tenderloin rolls with cremini mushroom sauce, strawberry cream pop tart

INSTRUCTOR: Chef Roger Elkhouri, CEC, ACE, is an award–winning chef certified by the American Culinary Federation (ACF) as an executive chef. He is senior executive chef of Rice University’s South Servery. In addition to teaching at the Glasscock School of Continuing Studies, Chef Roger has been teaching for-credit cooking classes to students at Rice since 2002 and has won several ACF medals in food preparation competitions. He holds a culinary degree from the Art Institute of Houston.
Designing, Building and Remodeling Your Dream Home
A homeowner considering building a new home or undertaking a remodeling project faces a daunting number of decisions, from establishing a budget to selecting interior finishes. In this guide to design, new construction and remodeling, registered architect and interior designer Brent Nyquist leads you through the process. Acquire the tools to manage your project successfully and to assess the role, value and quality of the professionals involved. Learn about new concepts in design and home building as well as practical solutions that define living in the 21st century, including green design and construction and the components required to create a healthy and energy-efficient home environment.

COURSE DETAILS
SCHEDULE
March 20–April 24, 2019
Six Wednesdays, 10 a.m.–noon

FEE
$250 ($240 if registering by March 6)
$225 for Rice alumni

CEUs
1.2

FORMAT
On campus

INSTRUCTOR: Brent Nyquist, a principal in the firm Atticus Architecture, is an interior designer and registered architect with more than 30 years of experience in residential design and construction. He holds a bachelor of arts degree in architecture and a bachelor of architecture from Rice University. Mr. Nyquist has taught with the Glasscock School for more than 20 years.

You, Too, Can Draw!
Embrace an "I can do this" attitude and create images that exceed your expectations with the support of artist and teacher Stanley Kaminski. Gain confidence as you learn to draw what you see, one step at a time. Beginners acquire essential methods to learn object drawing, while intermediate artists benefit from relearning drawing fundamentals.

COURSE DETAILS
SCHEDULE
Feb. 19–April 9, 2019 (no class March 12)
Seven Tuesdays, 7–9:30 p.m.

FEE
$290
$261 for Rice alumni
Fee does not include cost of supplies, approximately $75.

CEUs
1.75

FORMAT
On campus, limited enrollment

TOPICS INCLUDE:
+ Learning ways to hold a pencil
+ Using line quality
+ Recognizing eye level
+ Drawing from objects and photographs
+ Selecting/using gradations of light, key and color
+ Measuring proportions, directions, angles and vertical/horizontal relationships
+ Applying perspective techniques
+ Overcoming frustration
+ Accessing your creativity

INSTRUCTOR: Stanley Kaminski, M.F.A., is a Houston artist whose work has been shown in 16 states and internationally in Slovenia. He is included in “The Best of Printmaking: An International Collection.” He currently teaches art at Houston Community College Northwest. Mr. Kaminski holds a master’s degree in fine arts from Louisiana State University. He has been teaching studio art with the Glasscock School of Continuing Studies for more than 20 years.

Studio Art
Studio art supply lists are shared two weeks prior to each course start date. Please contact cpcoord@rice.edu with questions regarding supply lists.

Introduction to Drawing
With the right techniques, you can bring a drawing to life. In this introduction to drawing—the foundation of all art—learn the fundamentals of composition, value, contour lines, negative and positive space, and perspective, all while practicing a wide variety of techniques. Try new methods using pencil, charcoal and ink, and receive feedback and advice from the instructor.

COURSE DETAILS
SCHEDULE
March 18–May 6, 2019
Eight Mondays, 1:30–4 p.m.

FEE
$315
$284 for Rice alumni
Fee does not include cost of supplies, approximately $75.

CEUs
2.0

FORMAT
On campus, limited enrollment

INSTRUCTOR: Laura Spector is a fellow of the New York Foundation for the Arts and a recipient of an Individual Grant Award from the Houston Arts Alliance. She exhibited in ArtPrize 8 at Grand Rapids Art Museum in 2016, at FotoFest 2014 and in Lawndale Art Center’s “Big Show” in 2013 and 2017. Her work has been published in the Harvard Review, Ripley’s Believe It or Not! and “The Real Real Thing: The Model in the Mirror of Art.” She has studied fine art at both the Flemish Classical Atelier in Belgium and Virginia Commonwealth University and was a resident artist at Atelierhaus Hülsmen in 2016. Her artwork can be seen in exhibitions and collections around the world.
The Painter’s Toolbox: An Introduction to Acrylic Painting

Designed for beginners or those looking to refresh their acrylic painting skills, this course introduces a wide variety of building block techniques to create a painting from start to finish. Explore paint application, the value scale, color theory and creating texture while expressing yourself along the way. By learning basic techniques and making discoveries, you gain flexibility in your painting practice and emerge with a strong foundation of painting skills.

**COURSE DETAILS**

**SCHEDULE**
March 18–May 6, 2019
Eight Mondays, 6:30–9 p.m.

**FEE**
$315
$284 for Rice alumni
Fee does not include cost of supplies: approximately $150 or higher, depending on materials selected.

**CEUs**
2.0

**FORMAT**
On campus, limited enrollment

**INSTRUCTOR:** Laura Spector. See Introduction to Drawing on page 24.

The Artful Copy: Painting Like a Master

Stand on the shoulders of giants and learn to make bold, confident, completed paintings inspired by Old Masters. Copying master paintings to strengthen painting skills has been utilized since the Renaissance. Each student creates two paintings during this course. The first uses a simple step-by-step transfer system to copy an Old Master painting. This process familiarizes you with approaches to composition, value, patterns of light and application of color. The second painting is more free-form: transferring and copying a photograph of your choice. Each class begins with instructor demonstrations, showing examples of both student and professional artists who utilize the same methods to create their own masterful paintings. This class is appropriate for beginning and intermediate painters.

**COURSE DETAILS**

**SCHEDULE**
March 7–April 25, 2019
Eight Thursdays, 10 a.m.–12:30 p.m.
First and last class meet on campus plus six museum field trips

**FEE**
$335
$302 for Rice alumni
Fee does not include cost of supplies, approximately $50.

**CEUs**
2.0

**FORMAT**
On campus, limited enrollment

**INSTRUCTOR:** Ellen Orseck, M.A., is a Houston–based artist whose artwork has been exhibited across Houston and Texas, as well as in New York City and Lima, Peru. She has been awarded several commissions from state art councils, corporate collections and private patrons and was a finalist for the Hunting Prize. Ms. Orseck is represented by Nicole Longnecker Gallery in Houston. Her education includes four years at the Glassell School of Art. Ms. Orseck holds a master’s degree in painting from New York University and a master’s degree in museum education from George Washington University.

Landscape Watercolor: Nature as Muse

Artists have long been inspired by nature, from the raw cave paintings of Lascaux to the romance of the Hudson River School to the diffused effects of changing light in the hands of the Impressionists. With nature as your muse, learn to interpret the landscape with a fresh perspective. Create watercolor nature studies that capture the peaceful countryside, the vibrant energy of outdoor urban scenes, favorite travel memories or even your own backyard. Class time will be devoted to one or more sessions painting “plein air”—painting out of doors (weather permitting), nature studies from leaves, flowers and other materials, and from photographs. The course also ventures out of the studio for a field trip. This class is appropriate for students who have completed at least one studio art course and are familiar with the fundamentals of composition and color.

**Note:** Participants are responsible for arranging their own transportation for the course field trip.

**COURSE DETAILS**

**SCHEDULE**
March 5–April 23, 2019, including one off-campus field trip
Eight Tuesdays, 10 a.m.–12:30 p.m.

**FEE**
$335
$302 for Rice alumni
Fee does not include cost of supplies, approximately $95.

**CEUs**
2.0

**FORMAT**
On campus, limited enrollment

**INSTRUCTOR:** Ellen Orseck, M.A. See Sketching in Museums above.
**Multimedia Studio Projects**

Artist Ellen Orseck provides mentorship for intermediate and advanced studio artists in this supportive workshop. Whether you prefer painting, drawing, collage or another medium, develop a series of artworks based on the subject and media of your choice. The instructor works with you to identify a personalized set of artistic goals. This workshop includes art-making complemented by critiques and studio visits. Stretch yourself creatively and find inspiration from others in this dynamic community. Some media limitations may apply. Instructor approval of proposed projects is required to register.

**Note:** Applicants will be required to submit a short written description of potential projects and 5–10 digital images of current artwork. Students who completed this course previously are encouraged to reapply and will be asked to propose a new artistic series. Please email cpcoord@rice.edu for more information about the application process. Participants are responsible for arranging their own transportation for the course field trip.

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**The Basics of Photography**  
**DAY AND EVENING**

Whether you are a novice, an active picture taker or a serious amateur, this introductory course helps you gain control over the photographic process in order to “make” rather than “take” pictures. Using weekly assignments and critiques, become familiar with the technical and artistic aspects of basic photography. You will need to furnish a digital SLR camera, have basic familiarity with your camera’s operation and bring your manual to each class.

### COURSE DETAILS

**DAYTIME SCHEDULE**

March 7–April 25, 2019  
Eight Thursdays (Daniel Kramer), 9:30–11:30 a.m.

**EVENING SCHEDULE**

March 18–May 6, 2019  
Eight Mondays (Laura Napier), 7–9 p.m.

**FEE**

$335  
$302 for Rice alumni

**CEUs**

1.4

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**INSTRUCTORS:** Daniel Kramer, M.F.A., a photographer who has worked for Sports Illustrated, Reuters, USA Today and The Wall Street Journal. His photojournalism has won numerous awards, including six first-place Photo Package Awards from the Houston Press Club. As an actively exhibiting fine art photographer, Mr. Kramer’s work has been shown locally, nationally and internationally and appears in permanent collections at the Museum of Fine Arts, Houston, the Phoenix Art Museum and the Fort Wayne Museum of Art. He holds a master of fine arts degree in documentary photojournalism from the Academy of Art University in San Francisco.

Laura Napier, M.F.A., is a photography educator and artist, and a research fellow with the Center for Energy and Environmental Research in the Human Sciences at Rice. She has taught photography at the Cooper Union, Houston Center for Photography, and the University of Houston. Ms. Napier’s work exploring the sociology of behavior and place has received more than a dozen grants and awards, and her solo and collaborative projects have been shown locally, nationally and internationally. Her architectural photographs are included in the book “The Landmarks of New York,” and she also has professional experience in studio, editorial and fashion photography. Ms. Napier holds a master of fine arts degree in photography from the Milton Avery Graduate School of the Arts at Bard College.

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**Photography**

**iPhone Photography**  
**DAY AND EVENING**

This fast-moving and fun course focuses on all things photographic related to the iPhone®. Start with the basics of the iPhone camera as you learn the art and science of photography, review concepts for taking better photographs and receive class feedback on your work. The course explores iPhone apps for taking as well as processing photos. The storage, transfer and sharing of photos is also discussed. iPhone operating system iOS 12 or newer is required.

### COURSE DETAILS

**DAYTIME SCHEDULE**

Feb. 12–April 9, 2019 (no class Feb. 26 and March 12)  
Seven Tuesdays, 9–11 a.m.

**EVENING SCHEDULE**

Feb. 13–April 10, 2019 (no class Feb. 27 and March 13)  
Seven Wednesdays, 6:30–8:30 p.m.

**FEE**

$310  
$279 for Rice alumni

**CEUs**

1.4

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**INSTRUCTORS:**

**Tom Flaherty** is a published photographer and a board member for the Houston Center for Photography and other local organizations. He is a business consultant and holds a bachelor’s degree in business administration from Texas A&M University.

**Ellen Orseck, M.A.** See Sketching in Museums on page 27.

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**Artist Ellen Orseck provides mentorship for intermediate and advanced studio artists in this supportive workshop.**

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**Whether you are a novice, an active picture taker or a serious amateur, this introductory course helps you gain control over the photographic process in order to “make” rather than “take” pictures.**

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**This fast-moving and fun course focuses on all things photographic related to the iPhone®.**

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**Start with the basics of the iPhone camera as you learn the art and science of photography, review concepts for taking better photographs and receive class feedback on your work.**

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**The course explores iPhone apps for taking as well as processing photos. The storage, transfer and sharing of photos is also discussed. iPhone operating system iOS 12 or newer is required.**

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**Instructor approval of proposed projects is required to register.**

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**Participants are responsible for arranging their own transportation for the course field trip.**
Street Photography

Street photography has attracted great interest in recent years. Stepping out of the studio to capture candid, unposed moments in public places can result in powerful images. This course explores the distinct qualities that distinguish street photography. Photographer Daniel Kramer presents the history of the genre and also leads students on street photography walks in Houston. Past locations have included the Houston Rodeo, the Houston Ship Channel, a boxing gym and an Elvis-impersonator performance. Class sessions will alternate between on-location shooting throughout the city and in-class critiques.

**Note:** Participants should have completed The Basics of Photography, a similar introduction to photography course, or otherwise have familiarity with basic camera operation and photography principles. Participants must provide a camera and a signed release liability for this course. Participants are responsible for arranging their own transportation for the course field trips.

**COURSE DETAILS**

| SCHEDULE | March 7–April 18, 2019  
Seven Thursdays, 6:30–8:30 p.m. |
|-----------|---------------------------------------------------------------|
| FEE       | $310  
$279 for Rice alumni |
| CEUs      | 1.4 |
| FORMAT    | On campus, limited enrollment |

**INSTRUCTOR:** Daniel Kramer, M.F.A. See The Basics of Photography on page 29.

Lightroom and Photoshop for Photographers

The way we process photographs has changed significantly in the last decade. As the use of film has waned, most photographers must now master sophisticated digital processing software. This course guides you through the essentials of Adobe® Lightroom® and Adobe® Photoshop®—the most popular digital photo processing software available today. Professional photographer Bob Warren introduces the fundamentals of these programs, discusses electronic photo editing and reviews essential tools for manipulating images. We explore topics such as using Adobe Lightroom as a preprocessor, the Photoshop interface, retouching, color balance and resizing. The first half of the course covers Lightroom, and the second half covers Photoshop. Based on the Creative Cloud version of Adobe products, the course is appropriate for beginning and intermediate users of Lightroom and Photoshop.

**Note:** Participants must bring a Mac® or PC laptop to class, preloaded with the Adobe Creative Cloud® suite and with Lightroom and Photoshop installed. The cost of a subscription to these programs is approximately $10/month and is not included in the course fee. Information on installing these programs is provided upon registration.

**COURSE DETAILS**

| SCHEDULE | Feb. 25–April 15, 2019 (no class March 11)  
Seven Mondays, 1:30–4 p.m. |
|-----------|----------------------------------------------------------------------------------------------|
| FEE       | $335  
$302 for Rice alumni |
| CEUs      | 1.75 |
| FORMAT    | On campus, limited enrollment |

**INSTRUCTOR:** Bob Warren, M.L.A., is a professional photographer with more than 30 years of experience in still life, fine art and documentary photography. He has taught classes in studio lighting, intermediate photography, Adobe Lightroom and Adobe Photoshop, and is one of the owners of Houston Skyline Studio. Mr. Warren holds a master’s degree in liberal arts from the University of St. Thomas.

Advanced Photography Workshop With Peter Brown

In this course for experienced photographers, award-winning photographer Peter Brown critiques and provides direction for your work. After selecting a project for the semester, bring your work to class for consideration by Mr. Brown and other class members. Many previous students in these open and supportive sessions have had their work shown in galleries and published in magazines and books. Each session includes discussions on contemporary or historical photography. Technical help is provided, but the primary purpose of the course is growing your photographic vision and applying it to your ongoing body of work. All types of photography are acceptable, but work must be presented to the class in print form. Instructor approval is required to register for this course.

**Note:** Please email cpcoord@rice.edu for more information about the application process and course schedule. Applicants are required to submit a short written description of potential projects, along with a portfolio of work. This popular course has a limited number of spaces available for new students.

**COURSE DETAILS**

| SCHEDULE | Feb. 7–May 9, 2019  
Ten Thursdays, 6:30–9 p.m.  
(Class does not meet every week. Dates provided during application process.) |
|-----------|----------------------------------------------------------------------------------------------------------------------------------|
| FEE       | $450  
$405 for Rice alumni |
| CEUs      | 2.5 |
| FORMAT    | On campus, limited enrollment |

**INSTRUCTOR:** Peter Brown, M.F.A., holds bachelor’s and master’s degrees in fine arts from Stanford University and has taught in the art departments at Stanford University and Rice University. His photographic awards include the Dorothea Lange–Paul Taylor Prize, the Alfred Eisenstaedt Award and the Imogen Cunningham Award, as well as fellowships from the Carnegie Foundation, the Graham Foundation and the National Endowment for the Arts. His photographs are in collections at the Museum of Fine Arts, Houston; the Menil Collection; the Museum of Modern Art in New York; the San Francisco Museum of Modern Art; and the Amon Carter Museum, among others. Mr. Brown has authored several photography books, and his photos have been published in many national magazines. He received the first Glasscock School of Continuing Studies Teaching Award in recognition of his 30 years as a community instructor. In 2014, the Peter T. Brown Gallery was dedicated in his name at the Anderson–Clarke Center.
Graduate Liberal Studies

The Graduate Liberal Studies program at Rice University is designed for those who crave intellectual challenge at a world-class university. Two unique paths are available: the well-established Master of Liberal Studies degree and the all-new Diploma in Liberal Studies degree.

Both paths are designed for those who love to learn new ideas, explore new worlds and enjoy meeting others who are part of the same expedition. By examining timeless, timely human questions within the humanities, social sciences and natural sciences, students satisfy their curiosity about the world through art, literature, science, politics, human nature and history.

The Rice Graduate Liberal Studies program is a full member of the Association of Graduate Liberal Studies program. Our students and alumni participate annually by presenting their research at this national organization and locally at the Texas Graduate Liberal Studies Symposium.

Master of Liberal Studies

Since its inception in 2005, the Rice Master of Liberal Studies program has attracted a wide spectrum of students. Medical doctors, attorneys, homemakers, recent college graduates, retirees, teachers, a range of business professionals and others have been accepted into the program. Such diversity—in both age and profession—adds a level of broad-mindedness not typically found in the traditional classroom.

WHO SHOULD APPLY: Committed, energetic students of all ages with a bachelor’s degree from an accredited university or college. Applications are accepted fall and winter.

PROGRAM DETAILS

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<tr>
<th>INFORMATION SESSION</th>
<th>Jan. 30, March 6, March 20, 2019 6 p.m.</th>
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<tr>
<td>FALL 2019 APPLICATION DEADLINE</td>
<td>May 24, 2019</td>
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<td>FALL 2019 START DATE</td>
<td>Week of Sept. 3</td>
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Visit mls.rice.edu or call 713-348-4767 to learn more and to RSVP for an information session.

Diploma in Liberal Studies

Offered for the first time in 2017, the Diploma in Liberal Studies is a 30-hour, part-time, post-master’s interdisciplinary degree focusing on the humanities that complements and extends the educational goals of the acclaimed Master of Liberal Studies program.

WHO SHOULD APPLY: Committed, energetic students of all ages who have successfully concluded postgraduate degree work from either the Rice Master of Liberal Studies program or an equivalent program. Applications are accepted only in the fall.

PROGRAM DETAILS

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Visit mls.rice.edu or call 713-348-4767 to learn more and to RSVP for an information session.
Foreign Languages

Join others who have a passion for learning languages and exploring new cultures. The Foreign Language Program offers classes in eight languages at multiple levels of proficiency. The English as a Second Language Program has attracted students from more than 115 countries who want to master English to fulfill personal and professional goals. Small, interactive classes are the hallmark of the Rice experience.

Foreign Languages  languages.rice.edu

The Rice University Foreign Language Program offers classes in:

• SPANISH  • ITALIAN  • ARABIC  • JAPANESE
• FRENCH  • PORTUGUESE  • RUSSIAN  • MANDARIN CHINESE

Designed primarily to develop conversational skills, evening foreign language classes are offered in four eight-week sessions each year. Classes meet on the Rice campus twice a week for a total of three hours and average 12 students per class.

WINTER SESSION: Jan. 23–March 19, 2019
APPLICATION DEADLINE: Jan. 8
PLACEMENT TEST*: Jan. 8, 6 p.m. or Jan. 9, noon

SPRING SESSION: April 3–May 29, 2019
APPLICATION DEADLINE: March 19
PLACEMENT TEST*: March 19, 6 p.m. or March 20, noon

SUMMER SESSION: June 17–Aug. 13, 2019
APPLICATION DEADLINE: June 4
PLACEMENT TEST*: June 4, 6 p.m. or June 5, noon

Visit languages.rice.edu for more detailed information or call 713-348-4019.

*Placement tests are only for Spanish and French students who are not beginners.

English as a Second Language  esl.rice.edu

Intensive English  DAYTIME

The Rice University Intensive English Program, open to non-native speakers of English who have a serious desire to improve their language skills, offers six seven-week sessions each year. Classes meet on the Rice campus five days a week for four hours daily and average 12 students per class. Courses are offered at beginning through advanced levels of proficiency. This program is authorized to issue the I-20 form required for application for a student visa.

2019 SESSIONS:
Jan. 3–Feb. 28  March 1–April 26  April 25–June 21

Visit esl.rice.edu for more detailed information or call 713-348-4019.

ESL Communication Skills  EVENING

The ESL Communication Skills Program is intended for those who wish to improve their everyday English communication skills or enhance their command of English for professional purposes. These intermediate- and advanced-level classes address spoken communication skills and are for those who do not wish to enroll in a full course of study. Evening classes are offered in four eight-week sessions each year. Classes meet on the Rice campus twice a week for a total of three hours and average 12 students per class.

2019 SESSIONS:
Jan. 23–March 19  April 3–May 29  June 17–Aug. 13  Sept. 25–Nov. 19

English Success in the Workplace  NEW

ONLINE CERTIFICATE PROGRAM

English Success in the Workplace consists of three non-credit courses that start at an intermediate level. These courses include engaging instructional videos, a variety of practice activities and opportunities for interaction. Students also have the option of attending live, virtual mini-lessons each week.

2019 SESSIONS:
Jan. 8–March 12  April 2–June 4  June 25–Aug. 28  Sept. 17–Nov. 18

Language Programs

Glasscock School of Continuing Studies  Email: fl@rice.edu or esl@rice.edu  Phone: 713-348-4019
Policies

Susanne M. Glasscock School of Continuing Studies

Susanne M. Glasscock School of Continuing Studies
Rice University, 6100 Main St., MS 550, Houston, TX 77005-1827
PHONE: 713-348-4803  FAX: 713-348-5213
WEBSITE: glasscock.rice.edu
EMAIL: gscs@rice.edu
BUSINESS HOURS: Monday–Friday, 8:30 a.m.–5 p.m.
PHYSICAL LOCATION: Entrance #8 at the intersection of University Boulevard and Stockton Drive
D. Kent and Linda C. Anderson and Robert L. and Jean T. Clarke Center

REGISTRATION
Unless otherwise noted, Continuing Studies classes are open to adults aged 18 and older. Registration for most courses offered by the Glasscock School of Continuing Studies can be completed online by creating a profile, adding courses to your shopping cart and using our secure payment gateway. Others, such as our credit and some certificate programs, have an application process. The information on this page applies mainly to those programs that do not require an application. Please call us at 713-348-4803 with any questions.

Note: Checks submitted to Rice University for payment may be converted into an electronic funds transfer from your account. Cash is not accepted as a form of payment.

HOW TO REGISTER
ON THE WEB: Online registration is available for most courses at glasscock.rice.edu.

BY PHONE: Call 713-348-4803 during business hours.
To register for Language Programs, call 713-348-4019.

IN PERSON: Register during business hours at the Anderson-Clarke Center, Entrance #8, at the intersection of University Boulevard and Stockton Drive. Short-term parking spaces are available behind the building.

BY FAX: Some of our programs may have downloadable registration forms on the website at glasscock.rice.edu, which you can fax to 713-348-5213.

Note: Not all registration options are available for all courses. For your protection, we will not accept enrollments or payment by email.

ENROLLMENT ACKNOWLEDGMENT, COURSE LOCATION AND PARKING INFORMATION
Prior to your first class date, you will receive a registration confirmation email that will include course information.

LOCATION: Unless otherwise noted, courses are held at the Anderson-Clarke Center or elsewhere on the Rice University campus, located in central Houston. Visit rice.edu/maps for detailed maps of the Rice campus.

Note: Please call 713-348-4803 if you do not receive your room location by the day before the course begins.

PARKING: For courses meeting on the Rice campus, parking during your class time is included with your registration fee. Detailed parking instructions will be mailed with your enrollment acknowledgment. If enrolling within one week of start date, or if you have questions concerning parking, email us at gscs@rice.edu or call 713-348-4803.

Note: If your class takes place during the day of an athletic event, you will not have to pay the fee to enter West Lot 4, as your parking card and hangtag are still valid.

DISCOUNT POLICY
Many program areas offer discounts to Rice staff, Rice faculty, Rice retirees and Rice alumni. Please visit glasscock.rice.edu/policies for details.

REFUND POLICY
A 10 percent processing fee will be subtracted from all refunds. Due to the high demand for courses, registrations are considered final as of the dates listed by program area. No refunds will be issued after these dates, and credits will not be given for future classes. No refunds will be granted for participants who miss a portion of a program. Refund requests before the deadline must be made in writing to gscs@rice.edu.

Refunds for credit card payments will be processed as credits to the accounts from which they were paid and may not appear as a credit until the following statement. Refunds for enrollments paid by check take up to four weeks to be processed and mailed by the Rice University accounting office. There is a $30 charge for any check returned for insufficient funds.

Program specific refund policies are as follows:

Community Programs, Professional Development and Center for Philanthropy & Nonprofit Leadership
10 working days before class starts. If books have been issued, the cost of the books and any shipping fees will be deducted.

Center for College Readiness
30 days before class starts.

School Literacy and Culture
30 days before class starts.

Master of Arts in Teaching, Teacher Certification and Principal Certification
Rice University’s regular withdrawal policies apply.

Graduate Liberal Studies
All tuition refunds are subject to the refund schedule below:
+ 1st Week: 100 percent of tuition is refunded (minus any textbook costs); fees are refunded
+ 2nd Week: 50 percent of tuition is refunded (minus any textbook costs); fees are not refunded
+ 3rd Week: 25 percent of tuition is refunded (minus any textbook costs); fees are not refunded
There are no tuition refunds after the third week of the session.

Foreign Languages and English as a Second Language
Visit languages.rice.edu and esl.rice.edu or call 713-348-4019.

BOOKS
Some courses have required or recommended texts. For information on books for your course see individual program pages at glasscock.rice.edu or call 713-348-4803.

MISCELLANEOUS
SCHEDULE CHANGES AND CANCELLATIONS: Although we make every effort to maintain the published class schedules, insufficient enrollment or other unforeseen occurrences may require a schedule change, cancellation or instructor substitution. These changes will be posted on the website, and we will attempt to notify you as early as possible. In the event of a schedule adjustment or cancellation, neither Rice University nor the Glasscock School of Continuing Studies shall be held responsible for any non-refundable costs incurred by a participant, including, but not limited to, transportation or accommodation fees.

ACCESSIBILITY FOR STUDENTS WITH DISABILITIES: Rice University is committed to providing equal opportunity and access to the educational environment. Rice's Disability Support Services supports and implements federal guidelines included in Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act. If you have a documented disability that may affect academic performance, you should take the following steps:
1. Provide documentation for the file in Rice University’s Disability Support Services Office (Allen Center, Room 111; 713-348-5841; adarice@rice.edu). For documentation guidelines and forms, visit dss.rice.edu and click on “Student Information.”
2. Inform the program coordinator in the Glasscock School, preferably at least 10 days in advance of the first day of class. Call 713-348-4803 or email gscs@rice.edu to be connected with the program coordinator associated with your class.

CEUs: The Continuing Education Unit (CEU) is a nationally recognized uniform unit of measurement of participation in non-credit continuing education. One CEU is defined as 10 contact hours of participation.